

# Ilefine

## Ileostomy Bag

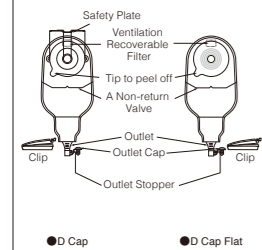
### Instruction Manual

You can contact us at  
E-mail : inquiry@alcare.co.jp Fax : +81-3-5611-7827  
www.alcare.co.jp/e

- Prior to use, carefully read the instruction manual so that you understand the product's features.
- Keep the instruction manual close at hand and read it again when needed.

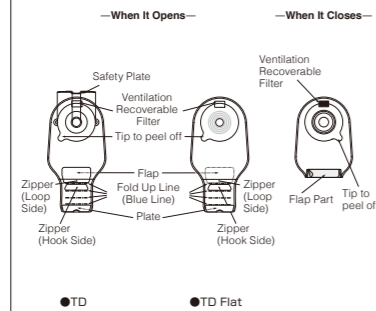
### Name of Parts and Construction

#### ● Drainage Type



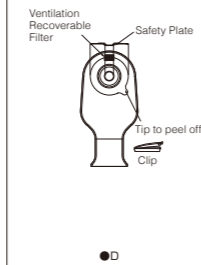
\* D Cap Flat type does not have safety plate.

#### ● Drainable Type



\* TD Flat type does not have a safety plate.

#### ● Drainable Type



\* D-70 does not have a safety plate.

### Application

#### Items needed / how to peel off

#### 1 Preparation of Necessary Items

- A device (Ilefine) ● Cutting Gauge
- Soap ● Gauze ● Tissue Paper
- Trash Bag ● Lukewarm Water
- Scissors ● Oil Pen

#### 2 Remove the Oostomy Appliance

Slowly and gently remove the appliance from top to bottom bearing in mind not to damage the skin while placing your hand on your belly.



\* The faceplate is stuck firmly to the skin and can not be removed easily. In this case, use the remover (Procure Remover etc.) and moisturize the contact surface between the skin and the faceplate. The faceplate may be removed successfully.

\* After discharge the faeces down the toilet, wrap the used ostomy bag in a newspaper etc., put it in a garbage bag and discard it. Because ostomy bags are made of plastic, generally, used ostomy bags are handled as "nonburnable garbage." For detailed information, contact your local regulatory authority as the regulation may vary by region.

\* Avoid exchanging appliances immediately after bathing. The elevation of the temperature of the faceplate may enhance its viscosity and it may not be removed easily. In case of treatment after bathing, check the temperature of the faceplate after more than 30 minutes and make sure that its temperature is sufficiently low. Remove the faceplate as usual and apply a new one.

#### 3 Clean the Skin around the Stoma

Wipe off the faeces left on the stoma and the skin with tissue paper. Softly clean the skin around the stoma with gauze which is soaked with water.

Make sure to thoroughly remove any oil from the surface of the skin as it may weaken adhesion. Thoroughly rinse off any soap. Firm contact with the faceplate can not be assured or the faceplate may be detached easily if any soap remains on the skin.

Dry well.

\* Do not use the heated air of a hair-dryer. It will stimulate the skin.

#### Accessories

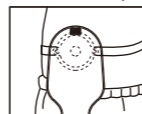
To use more comfortably

- Water-proof tape is recommended to secure it while taking a bath.



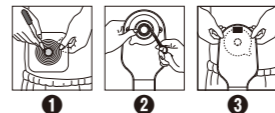
The faceplate could melt from edges and becomes sticky by hot water. Water-proof tape (Dermapore #3) is recommended to secure while taking a bath.

- For more secure fixing, we recommend using it with a trunk belt (Excluding type D-70/TD flat/D cap flat).



Using Ilefine with a trunk belt (Youcare Trunk Belt) ensures that it adheres closely to the skin and stays securely in place.

#### How to open a hole at the area of contact with the skin / how to stick Ilefine on the site



#### 1 Measure Your Stoma Size

Measure your stoma size and make the stoma size hole in the cutting gauge. Make sure the hole comes center of the gauge. Keep the cutting gauge as your template.

\* Stoma size may change. Measure once a month to determine your current stoma size.

#### 2 Make a Hole on Faceplate

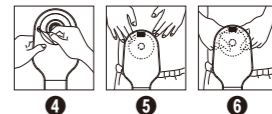
Turn over the cutting gauge with a hole and place it on the release film of the faceplate. Trace the hole onto the faceplate. Cut the faceplate 1 to 2mm larger than the indicated line.

\* Make the inside edge of the faceplate smooth by rubbing with fingers to avoid hurting your stoma.

For details on how to use the belt, please refer to the instruction manual for the Youcare Trunk Belt.

#### 3 Check the Hole Size

Before peeling off the release film put the faceplate on the stoma and make sure that the hole size is appropriate.



#### 4 Peel Off the Release Film

After checking that the skin surface is completely dry, peel the film off the surface of Ilefine.

#### 5 Apply the Faceplate

Apply the faceplate onto the abdomen by smoothing out the wrinkles.

\* Do not apply ointment simultaneously as it may weaken adhesion.

#### 6 Hold the Faceplate Well

After application of the faceplate, press with the hands moving outward from the peristoma, to achieve firm contact with the skin.

#### How to connect various type of drainage bags <Drainage type>

If you need to use commercially available drainage bags while sleeping, check the connection as described below.

Tip of commercially available drainage bag Widest part of outlet



1 Remove the Outlet Cap  
Hold the outlet upward and carefully remove the outlet cap so that faeces will not splash out.

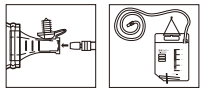
2 Insert the Edge of the Drainage Bag  
Insert the edge of the drainage bag above the level of the widest part of the outlet.

3 Take back the Edge of Drainage Bag  
Take back the edge of the drainage bag in various types up to the level of a step of outlet.

#### Caution

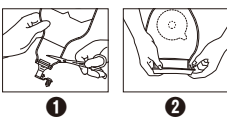
When connecting the Drainage Bag or other commercially available drainage bag, make sure there is no clogging. If faeces are muddy, the tube of the drainage bag may become clogged and prevent the flow from discharging. If the flow is slow, drainage bags should not be used.

## Drainage Bag (sold separately)



\* Our Drainage Bag (sold separately) ensures a complete fit of the tip of the bag to the outlet, for a securer fixing.

## How to use Ilefine as a lower-part open type stoma bag <Drainage type>



**1 Cut off the Outlet Part**  
If discharging through the outlet is difficult due to clogging, Ilefine can be used as a lower-part open type stoma bag by cutting off the outlet.

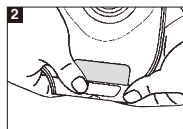
**2 Secure with a Clip**  
Fold back the cut edge as shown in the upper figure and put the provided clip on the rim.  
\* Make sure that the curve of the clip fits to the body contour.  
\* Make sure the clip is securely closed.

## How to open and close <Clipless Type TD>

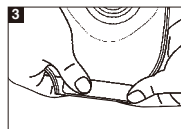
### How to close



1 Fold up the plate 4 times upward.



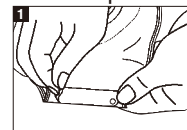
2 Fold up the bag end along the Fold Up Line. The Zipper (Hook Side) comes up to the front.



3 Overlap Hook and Loop Side of Flap and press firmly.

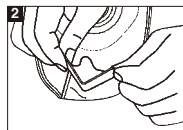
\* Any looseness or wrinkles happening in hold-up may cause leakage of faeces or smell.

### How to open



1 Hold the Plate with one hand and carefully pull up either left or right side (Emboss is a marker) by the other hand and remove it.

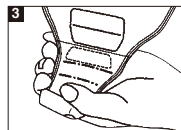
● If either Loop or Hook Side of Zipper gets wet, it may lose adhesion and may soil the clothes. Use the bag after wiping off any water or oil on the Zipper with a towel or tissue paper.



2 Hold the Plate upward, open the folded area. Keep the open-ended area "V" shape by folding Plate. It will be easier to discharge and wipe off.



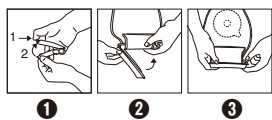
\* Tightly fold in "V" shape to form a good crease.



3 Slowly expose the "V" shaped plate, open-ended area, to toilet and discharge the faeces.

\* If any faeces remain around the open-ended area, it may cause the leakage of faeces or smell. Wipe off properly before you close.

## How to use Clip <Drainable type>

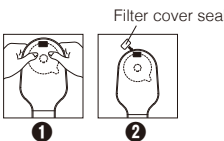


**1 Open the Clip**  
As shown, push the stopper and then pull it down to open.  
\* If the stopper is not pushed sufficiently crosswise, the stopper part will bend over and cannot be removed. Take care when pulling up the stopper.

**2 Setting the Ostomy Bag around the Clip**  
Adjust the clip line of the ostomy bag to the lifted arm and twist the bag around the arm once.  
\* Make sure that the curve of the clip fits to the body contour.

**3 Close the Clip**  
Fasten the clip by pushing the stopper.  
\* Make sure the clip is closed securely at the end.

## Advice about the deodorizing filter



The gas accumulating in the ostomy bag is emitted gradually.  
\* The deodorizing filter can be used safely because of its special structure that prevents leakage of faeces in the ostomy bag through the filter.

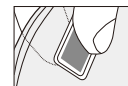
**Important**  
Use the filter cover seal in the package to seal the air vent if you recognize the following condition or take a bath.

**1 Excessive air venting**  
Excessive air venting may result in a vacuum state. In this case, the faeces may not move down into the ostomy bag but remain around the stoma. In order to prevent such a state, you can close the air vent with the filter cover seal in the package. By doing this, gas accumulates in the ostomy bag. Remove the seal and gently press the bag with your hands to emit the accumulated gas.

**2 Taking a bath or a shower**  
When bathing, the activated carbon in the filter may absorb water as a result of contact

between the filter and water. Water containing activated carbon may then leak after bathing and stain the clothes.

## Troubleshooting tip



● You may notice "difficulty in air venting." In this case, try the following procedures.  
• You may find faeces on the filter. Wipe and remove it with a scrubbing motion.  
• Lift the front and back sides of the filter with your fingers and compress the filter two or three times.

In the sections of [Instructions for Use] and [Instructions for Storage], the degree of risk is defined as follows:

**Warning...** Warning is issued to prohibit erroneous handling that may result in the development of moderate or serious physical injury.  
**Caution...** Caution is issued to prohibit erroneous handling that may result in the development of mild physical injury or property damage.

The customers are advised to receive guidance from their treating physicians or nurses before using this product. They are also advised to carefully read the instructions and fully understand the use of this product in advance. Erroneous handling may result in leakage of faeces and the development of leakage related dermatitis. Stop using this product if you notice any skin irritation.

## Precautions for Use

- Caution**
- Do not apply ointment or cream that may weaken adhesion, around the stoma. Reduced adhesion may be a cause of leakage. (The skin film agent may also affect adhesion because of its property. Check the instructions for the agent in advance and use it carefully.)
  - After removal of the release film, avoid contact between the surface of faceplate and your fingers. Reduced adhesion may be responsible for leakage.
  - Do not reapply an appliance that has been removed. Reduced adhesion may be a cause of leakage.
  - Do not wash the ostomy bag you are using with water. This may damage the bag and cause leakage.
  - Do not fold the appliance that has already been set. The ostomy bag may be perforated and leakage may occur.
  - Firm contact can not be achieved if the adhesive surface of the faceplate is cold. Take it to a warm room and wait until the whole faceplate is warmed.
- Caution**
- Carefully cut a hole in the faceplate. Making a hole beyond the specified cut line may result in leakage through the faceplate.
  - Skin barrier should be applied every 2-3 days to minimize skin irritation caused by peeling off. However, careful observation during use is required, as it depends on the condition of each patient. If any problem or discomfort develops, please stop using immediately.
  - Do not keep an excessive amount of faeces in the ostomy bag, and dispose of it appropriately. Excessive storage may cause the faceplate to peel off due to the weight.
  - With the drainable type, care is needed since the durability of the skin barrier could be reduced if faeces contain much water.
  - With the drainage type, fibrous solid substances tend to stick to the valve for preventing back flow, which hampers the discharge flow of faeces. In this case, squeeze the substances out of the valve for preventing back flow.
  - If you have any discomfort on your skin, please stop using the device immediately.
- Precautions for Stock**
- Caution**
- This product should not be stored under the following conditions as its quality may deteriorate and adhesion may be lost.
- Storing in locations subject to high temperatures (exceeding 40°C) and high humidity
  - Storing at low temperatures (refrigerators etc.)
  - Storing in direct sunlight
  - Storing under pressure
  - Prolonged storage as a result of quantity purchase
- \* Always check the expiration date for use indicated with mark on the box.
- Storage of the faceplate with release film removed

## ALCARE Co., Ltd.

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